

How to reduce the CPU usage of a computer?



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I. Reduce CPU usage by closing unnecessary programs (taking Windows 10 as an example)

1. Directly enter the Windows 10 Task Manager by pressing shift + ctrl + esc, as shown in the following figure:

MTY4ODg0OTk3Nzc4Mjk4NA_785406_pQic4VxI0LMVpak-_1677138271?w=!

2. Find some running processes that we don't need in the Task Manager, and click to select them. As shown in the following figure:

MTY4ODg0OTk3Nzc4Mjk4NA_951848_3hLFkoj3uVH-fTV0_1677138305?w={

3. Then click 'End Task' in the lower right corner to close the task.

II. Clean up computer junk: Check the Control Panel - Programs - Uninstall - to see if there are any unnecessary or similar software installed. If there are multiple antivirus or optimization software, you can uninstall them and keep only one.

III. Computer configuration is also very important. If your computer has a relatively low configuration, it will cause lag. It is not recommended to use ultra - thin laptops. It is recommended to have a CPU of i5 - 9300H or higher.

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